



ANN ARBOR BICYCLE TOURING SOCIETY

DECEMBER 2006

AABTS Holiday Potluck

Wednesday, Dec. 6, 2006

Grotto Club

2070 W. Stadium Blvd.

Ann Arbor

Set up & Socialize 6:00pm

Dinner 7:00pm

Entertainment at 8:30pm

Ann Arbor's own Jesse Sinatra

As close to old Blue Eyes' voice as you can get!



- Bring a dish to feed six
- Bring your own place setting
- Chips/drinks/snacks will be provided by AABTS
- Please, no merchandise sales



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Help Wanted!

AABTS needs volunteers for the following leadership positions. Contact Kathleen Donahoe or Mark Erzen if you are interest in any of these roles:

Safety Committee Chair

The safety committee chair organizes a team of safety-conscious riders to improve bicycling safety in the club and community. Some of the tasks the committee takes on are LAB education classes, safety-related information sharing, and helmet giveaways. Carole Hann is stepping aside to take on increased OHR duties

Webguy/Webmaster

The webguy is responsible for maintaining and updating the club website. This may include posting announcements, uploading files, and occasionally creating new web pages to enhance the site. Scott Williams is the club's current webguy and is stepping down from the role.

Newsletter Layout

The newsletter layout chair works with the newsletter editor (Lynda Collins) to produce our club newsletter. The layout chair will use Adobe Pagemaker or Microsoft Publisher (or equivalent) to format the club newsletter and send off to the printers for distribution. We produce 6 newsletters each year, one newsletter every other month.

UPCOMING EVENTS

12/6 6pm	Holiday Potluck, Grotto Club
1/10 7pm	OHR Meeting, UM Life Sciences Center
1/17 7pm	Officer's Meeting, Earhart Clubhouse
2/7 7pm	Ride Calendar Meeting, Jim Spencer's House
2/14 7pm	OHR Meeting, UM Life Sciences Center
3/30	6pm-Annual Meeting/Potluck

Taste of Ann Arbor No-Mile Ride

This little-known ride will celebrate its 5th season this winter. All who love to eat while enjoying fascinating conversation with your biking-buddies (and any other friends) are invited to partake. It is a "ride" without the "riding" part--we skip right to the lunch part. So your bike and you stay warm and dry and rust-free. We meet at 11:30 the 1st and 3rd Wednesdays of each month from December through March. The 1st ride, Dec. 6, will meet at the Grand Traverse Pie Co. on Zeeb Road just north of Jackson Ave. That group will determine the location of the next "ride", etc. Always a different place, always a good group. Call Anne Ormand 734-662-5052 for more info. P.S. Of course you CAN ride--but no miles are recorded.



Quarter Bistro—Dec 7, 2005

BAC Lures AABTS Riders to Spain

BY SHARON HOWREY

Four cyclists from AABTS were able to enjoy 18 days of riding in Northern Spain, on the BAC trip called *Los Picos de Europa*. Dieter & Carol Hohnke and Phil & Sharon Howrey traveled to Bilbao, Spain, where bright sunshine and breathtaking scenery greeted them. Each day's total mileage was 80 km, or about 50 miles, unless you count the days we got lost. We rode in rolling countryside, with olive trees, grape vines, and livestock scattered between the small towns.



Carol's 60th birthday in Spain

Everywhere we went, reconstruction and new roads (with new numberings-!) were common. We could deal with the re-numbering of the roads; it was when they changed the town names from Spanish to the Basque dialect that we really had to pay attention! Some interesting things that happened include: Carol watching "the running of the bulls" in *Andosilla*, touring the *Guggenheim Art Museum* in *Bilbao*, watching a fierce storm where "the rain in Spain stayed mainly on the plain", seeing the pilgrims on the *Camino de Santiago*, listening to the monks chant in *Santo Domingo de Silos*, seeing the names of professional cyclists on the roads, and joining in the dancing at a wedding in a *parador*.

What's a *parador*, you ask? In Spain, the government has restored (as hotels) castles, palaces, fortresses, convents, monasteries, and other historic buildings for the purpose of promoting tourism. We stayed at *Parador de Cangas de Onis*, and *Parador de Cervera de Pisuerga*, and both were wonderful places to rest. Some of our other favorites include *Hotel Real Monasterio San Zoilo*, where history seems to seep through the walls (and the wall hangings!), and the coastline of the Atlantic at *Playa de la Franca* and *Leikeitio*.

The most incredible part of our journey was riding through the gorges, *Desfiladero de Los Beyos*, and *Gargantas de Pongas*. We rode 70+ km, ALL downhill. The incredible canyons that the rivers carved were long and deep. At one point, we looked down, and the river was 100 ft below us! The beautiful rock formations and glorious scenery are indescribable—and the pictures don't do them justice. Imagine towering rock faces over 100 ft tall, surrounding you as you glide downhill with very little traffic and calm winds. It doesn't get much better!

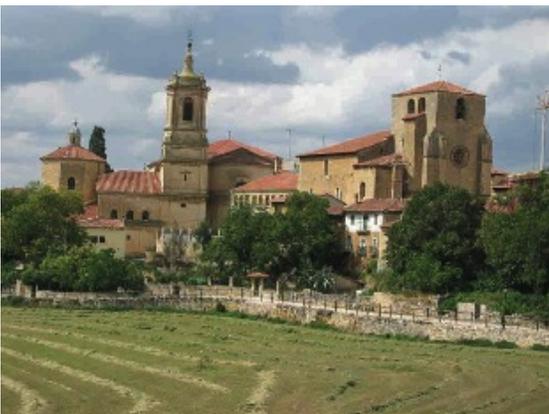


Carol, Sharon, and Dieter conquered the mountain.



Picos Phil!

Some of you may have heard that Phil's titanium *Merlin ExtraLight* cracked two weeks into the trip. He knew that the gears weren't shifting correctly, but imagine our surprise to find that two tubes and the bottom bracket were split! All of us were checking our frames to make sure the same thing hadn't happened to ours. (His was nine years old.) Phil is fortunate that nothing more serious occurred. Living in Boulder is a blessing; he will soon have a new bike, even better than the old.



Monastery at Santo Domingo de Silos

The other images that remind us of our trip are the cows, horses and sheep dotting the countryside, with their bells chiming a charmingly harmonious sound. The church steeples added to the melodious sound with quarter-hour reminders. And we did encounter some wind—when we saw huge, white windmills on the horizon, we knew that "our friend, the wind" was coming for a visit! Overall, the trip was a success, and we are glad for *all* of our experiences.

Winter Riding Options

An Indoor Trainer can Keep You in Shape This Winter.

BY FRANK LAMITOLA

Remember P O T A T O E S? For those that don't it stood for Pedaling Our Trainers And Tracing Our Efforts South.

Fifteen years ago I read an article in one of the Sunday Detroit that I thought we could adapt to our club to keep us in shape through the winter months and have some fun also. The article spoke of this group of friends that were very competitive and came up with this idea of tracking the miles they rode on their trainers over a specific period. They would do this for three months and the winner was the person who rode the farthest trainer miles over that period. The winner of their ride got a free dinner paid for by the folks that didn't ride the farthest. Vickie and I thought about that and decided to start a similar program in our club. We thought however that we would make it attainable for all club members by paring it down a little. Making the trip not the most miles but a specific route out of Ann Arbor south would do it. We decided that a trip from Ann Arbor to New Orleans would be just about right. This distance added up to about 1,000 miles following the interstate roadways from Ann Arbor to the finish in New Orleans. Vickie came up with the acronym P O T A T O E S that was referring to not being couch potatoes for at least three months a year. Our ride started in January 1st and ended on April 1st.

At first we just got a few members interested but as time went by more and more members were joining the fun. A trophy was given to the winner of our ride every Spring potluck for 10 years. If anyone is interested in doing this again let me know, and if there is enough interest is there we could start this again.

To set your bike up to track your miles you'll need first of all a bike trainer to mount your bike in. You can probably find one in our for sale section on of our newsletter forums or buy one from your local bike shop. They can run anywhere from under \$100 to almost \$300 but look for a used one because they will be much cheaper and probably hardly used (if you know what I mean). The next item is to get a rear mounted computer to enable you to keep track of your miles. Most computer manufacturers have these mounting setups for their computers. Or if you belong to a gym you could use their bikes if they show mileage ridden for a workout period. Now you're ready to compete.

Here's the hard part. Now that your equipment is ready, how do you train yourself to actually use it? Please see your doctor before you start any exercise program. I just had to put that disclaimer in here for those that have not been active for a while. Start slow and work up from there. This is where a heart monitor is very helpful. Buy one! They are not that expensive and well worth the money spent.

I didn't need an excuse to keep training other than wanting to be able to ride with the fast club members. I found that this training effort set me up much earlier in the season and that for me was enough to keep me doing it. For others finding ways to keep the activity going may be necessary. I now read a book while training but in order to keep the workout intense enough for me, I use a heart monitor. I bought a Polar A5 model that has a calorie counter on it. Using a heart monitor is the best way to make the workout provide your heart with training it needs to keep your heart healthy. A side benefit you'll notice is how easy hill climbing will become. The calorie counter indicates how many calories are burned during a workout, which is my new incentive for keeping the training schedule going. As a side note, you will notice that when you start a program you will not see much effect for the first month or maybe two months. Don't get discouraged, keep doing it but find a time where you know you will keep doing it. There will be a point where you will notice results and this will help you focus on continuing the training.

Outside Stay Warm and Safe on Your Bike.

FROM BICYCLING.ABOUT.COM

When the temperatures begin to drop, I must admit that I tend to head indoors to ride. Much below 40 degrees and I have too many problems with riding as I get older. Though when I was younger, and for special rides, like the New Year's Polar Bear Rides, I love to get out ride, no matter what the weather.

However, when riding outdoors in colder weather, there are some things to keep in mind as you ride. As with any extreme of temperature, you must be prepared. Here are some handy tips for you cold weather enthusiasts.

Know Your Physical Limits

No matter how much you love to ride outdoors, there are some times when it simply is not in your best interests. If you suffer from asthma, recent respiratory problems, or other medical conditions that require you to avoid extreme temperatures, be

How to Stay Warm on Your Bike in Winter (cont'd)

mindful of these warnings.

This also includes people who experience pain, shortness of breath or tightness in the chest while riding in the cold. Some of this may be normal but should not occur if you use proper precautions like covering your mouth with special clothing.

Clothing

The two main things you need to know about dressing from the weather come straight from your mother's mouth: Use layers and stay dry! Using layers will help you in staying warm and preserve your body heat, this include a hat because your head is where you lose most of your body heat. There are special hats that fit under helmets, don't force your snow hat in there or forego the helmet. The next point is to stay dry, which will also prevent loss of body heat. There are special materials available to help you, but simple things like wool and your regular rain gear might be all you need.

Watch the Road

When the weather is cold, you may be tempted to keep your head down and out of bitter winds. This is a very serious safety hazard. You need to be seen as far away as possible. This might mean that you want to invest in reflective gear for you and/or your bike. A step up from that would be lights for your bike. Bicycles don't require major lighting systems, but blinking lights on the front and rear of your bike can help save your life. Remember the days get shorter as it gets colder, which means you are more likely to run into darkness, this is particularly true if you're commuting.

Another road hazard is true for any time of the year, but can be particularly dangerous during cold weather. Problems like icy roads and snow can make for a more slippery ride. This means that, as in any vehicle, you need to pay attention to traffic, give yourself plenty of stopping room and avoid problem areas when possible. Avoid piles of debris like leaves and snow piles. Stick to roads that are salted. Watch out for sewer covers and grates, as they can be more slippery in inclement weather.

If you decide that riding in the cold is your cup of tea, remember to follow these simple strategies for staying safe and warm.

The Long Summer of Cycling

BY JIM DATSKO

This was one of those rare summers for me where it became possible to connect the various dots out west and basically travel from one bicycle tour to the next all summer long.

It all began nearly a decade ago, when asking Dan & Jan at one of the AABTS potlucks a question that I enjoy posing to accomplished cycle-tourists. Namely, "What is the favorite tour you did last year?" Their enthusiastic response was, "riding *Sierra to the Sea* in northern California." Try as I might I couldn't find the time to do that particular tour as it always seemed to conflict with our family re-union. That is until Mom decided to slide the family reunion date for 2006 back from June to August to take advantage of the lobster season at Prince Edward Island. So I was then able to register for *Sierra to the Sea* during the few days early this year that registration remained open before the tour filled up. California here I come!

The previous summer having discovered what I consider the best weeklong camping bicycle tours in America while enjoying Sandy Green's *Oregon Bicycle Ride* through the Wallawa Mountains, I vowed to return in 2006 and sample the other tour she offers annually, *Bicycle Idaho* which occurs in early August. Fortunately I was able to register before it too quickly filled up.

Thanks to the ability to fly my former airline-employer for free, I saw no problem in making one trip out west to California in June, and then another trip to the northwest in August to participate in these two tours. Particularly since over the past few years I have discovered the joys of doing multiple summer weeklong bicycle tours while in a distant area of America.



Jim and Rob Datsko at the Snowy Range Pass in watching the early alpine spring unfold in Wyoming.

The Long Summer of Cycling (cont.)

BY JIM DATSKO

Then this spring another ingredient was stirred into this recreational mix. While downsizing from my full American-sized RV, my brother located a nice used compact Japanese-sized Toyota RV for me out in Colorado where he lives. He also invited me out to Colorado in early June so we could repeat a beautiful camping/biking tour in nearby Wyoming that we had thoroughly enjoyed four years earlier.

Naturally, with a bit of Tom Sawyer, if not Huck Finn in my blood, I began to see some very interesting possibilities for this summer of fun. After picking up the RV in Colorado, if instead of driving east with it to bring it back to Michigan, what if I headed west with it to one of my favorite places to "recharge my nature-boy batteries," the Pacific Ocean. This would involve traveling near Moab, Utah the famous slickrock mountain biking mecca, as well as possibly seeing Canyonlands, Arches, and other national parks. It also could provide the opportunity to drive US-50, Charles Kuralt's "loneliest highway in America" across Nevada, which also happens to be the site of the popular OATBRAN Tour (One Awesome Terrific Bicycle Ride Across Nevada.)

So with that intro, here is a short week by week summary of this very special summer of cycling, with a few highlights and comments thrown in for good measure:

- **Camp in Wyoming** to cycle the spectacular and aptly named *Snowy Range Mountains* as well as the *Sierra Madre Mountains* followed by soaking in the historic, free Hobo Hot Springs at Saratoga. Phil & Sharon Howrey joined my brother and myself for this delightful week, and they now want to introduce their Boulder club members to this area. I personally consider riding the *Snowy Range* in early June to be one of the most beautiful experiences offered by cycling. There's a plaque mounted at the scenic overlook where Thomas Edison and Henry Ford used to camp, and the beauty so inspired him that looking at their campground embers he conceived of the light bulb filament. Of course the cinnamon rolls at the Saratoga cowboy bakery which I consider to be the #1 cinnamon roll in the USA, as well as the best honey-wheat bread also add to the local flavor.
- **Drive the OATBRAN Route across Nevada after stopping by to ride Moab, Utah for a day.** While driving Highway US-50 I saw a few small groups of riders doing their Trans-America ride using the maps from Adventure Cycling. I also was so impressed with this rare form of high desert interrupted by mountain passes type of scenery that I made a mental note to come out here some October to do the OATBRAN Ride after the temperatures moderated.
- **Experience *Sierra to the Sea*.** This tour is sponsored by the Alameden Touring Club and begins with a long bus ride from San Jose way up into the high Sierras. From there we spent a few days winding our way down through the historic gold mining towns, and then the vineyards of Sonoma County before reaching the Pacific Coast. After riding down the scenic coast for a couple of days the ride finishes by conquering the Golden Gate Bridge. Unfortunately the STTS had both a new route and a new tour director this year resulting in it being a somewhat disorganized tour. No snack stops were set up when the majority of the riders came through, and numerous errors on the cue sheet kept sending you orbiting out in the hinterlands.
- **Cruise the Pacific Coast Highway through northern California and Oregon to Seattle.** Need I say more, or does the mere mention of PCH say it all?
- **Sweat Out Tour BC.** This medium-size weeklong tour in British Columbia has varying routes each year. I had picked BC hoping for some cool alpine-style weather. Unfortunately I was soon to discover that the Kamloops high desert area of the 2006 Tour BC included the town of Lilloett which routinely sets the highest temperatures for all of BC, this year around 105 degrees, whew! The highlight would have to be starting/finishing at Hope, BC. Hollywood uses this scenic mountain town whenever it needs to film stunning mountain and river gorge scenery. This rough and tumble river canyon scenery stars in the first Rambo movie, *First Blood*, as well as another half-dozen or so movies. I am feeling drawn back to the region around Hope to better experience that beautiful wild green/blue river and smoothed out boulders. A highlight was learning from other riders about other great unpublicized Canadian Rockies Rides - watch the AABTS calendar to see some appear in the future.
- **Ride Northern Idaho and a bit of Montana on *Bicycle Idaho*.** Sandy Green of Bend, Oregon has been hosting her Oregon Bicycle Ride tour for 26 years now, and she applied her skill and knowledge to her newer Bicycle Idaho tour, rendering her pair of weeklong tours the best in America for my money. Picture snack stops that would look right at home on the cover of *Better Homes and Gardens* magazine. One table full of every kind of fresh sliced fruit imaginable, including pineapple freshly cored right before your eyes. Another table filled with baked goods of every kind imaginable. And a third table with

The Long Summer of Cycling (cont.)

BY JIM DATSKO

granolas, candy, and other fun goodies. Want a second opinion on this tour, just ask Dan & Jan! A major highlight this year was riding the beautiful Trail of the Coeur d' Alenes, a former wilderness railroad now comprising the longest paved rail-to-trail in America at 72 miles. It follows its namesake river between the mountains. It was fun seeing the Bend Retirement Home sending their van-bus on the tour as some of their senior residents were released to ride this challenging mountainous tour.

- **Relax at Prince Edward Island.** This was the scene of our family reunion this "lobster season" August. We all enjoyed a delicious dinner at the West Point Lighthouse restaurant where Joe and Doris Datsko, celebrated their 60th wedding anniversary just a short drive from where the sailor from Pearl Harbor and the freshly graduated U of M coed were married on PEI. Not only are they my parents, but as you know they are also two people who helped make the AABTS the wonderful experience it is for all of us. Another highlight: picking up a carload of fresh-baked, hot wild-blueberry pies at the Pennington blueberry fields in the Bay of Fundy region of New Brunswick a few hours before crossing into PEI. Best Pure Blueberry pie you've ever eaten, and at \$5 CAN they are a true bargain. For some PEI flavor try their favorite: Grape Nuts Ice Cream!

My Up North BAC Adventure

BY VICKIE SMITH

In the fall of 2005, Graham Fleming persuaded me to lead a ride for the Bicycle Adventure Club, an organization from which he recently retired as the President. I am fairly new to this group, having done only two trips since joining in 2004: one to eastern Civil War battlefields and one to the Burgundy region of France. I was positive I wasn't ready to get involved in the organization of yet more cycling activities, but for some reason I found myself saying "yes" when Graham asked!



Dorothy Stock moments before her Bike Friday bit the dust!

The ride I agreed to was called the Michigan Ramble, and it took place this past September. Luckily I did not have to start from scratch; Graham had successfully organized and led this ride several times in the 1990's, and Bud Preston took it over for a year. I was able to use their cues, itinerary, hotel lists, and expertise. Otherwise I would have been lost! My first thought was "Who would sign up for a ride in an area which, although beautiful, we all know so well and have ridden many times?" Well, that was pretty naive of me. With the exception of Dorothy Stock, my husband Frank Lamitola, a couple from Hart, MI, and myself, the rest of the 24 participants came California, Washington, Virginia, Mary-



Frank Lamitola in front of Fort Michilimackinack, Mackinaw Island

land, Texas, and Colorado. Most had never cycled in Michigan, and in fact, many had never even been in the state.

The Michigan Ramble started in Traverse City and went to Glen Arbor, Leland, back to Traverse City, Bellaire, Petoskey, Mackinac Island (where we stayed 2 nights), Harbor Springs, Charlevoix, back to Bellaire, and then back to Traverse City. Along the way, we stayed in lovely old inns (such as the Bayview in Petoskey and the Harbor View on Mackinac Island), two modern resorts (Homestead and Shanty Creek), and a variety of hotels. No camping for these BAC riders!

A highlight of the trip was a stop in Cedar at the vacation home of AABTS member Eileen McFarland for tart cherry pie, a regional specialty. At the evening happy hours, we tried local beers and wines, along with sparkling cherry juice. The smoked chubs and trout from Leland and smoked whitefish pate were crowd pleasers.

We were blessed with mostly sunny weather for riding. The fall colors were just starting to come out. One of the best parts of this trip was an opportunity to show off some of the best riding our state has to offer: the Tunnel of Trees be-

My Up North BAC Adventure (cont'd)

BY VICKIE SMITH

tween Harbor Springs and Cross Village, the Little Traverse Wheelway bike path from Harbor Springs to Charlevoix, the "Wall" outside East Jordan, the Sleeping Bear Sand Dunes, and numerous views of Lake Michigan, along with the lovely villages of Glen Arbor, Harbor Springs, Elk Rapids, Leland, Northport, etc. The group was enthusiastic about Michigan, and some have told me they would like to come back if I ever repeat the trip.

I have to thank Frank and Dorothy for all their help and support on this trip. I couldn't have done it without them!

Almost a Private Tour of PEI

BY MARY HENSEL



Mary Hensel on the right joined by her biking companion from Texas.

Last winter as I was glancing through an east coast bike vacation catalog, I decided Prince Edward Island would be the place I would explore this year by bike. I'm originally from Long Island, New York and thus am drawn to maritime destinations: I particularly like rustic harbors, quaint villages, and most of all, lighthouses. P.E.I. has all of that. Prince

Edward Island is a difficult place to get to but well worth the effort.

In February I signed up for a tour in early September. Three weeks prior to the trip, the tour company cancelled because they needed six riders and only had four on board. I like to believe things happen for a good reason, and after several weeks of chaotic replanning that was the case. I now signed with a new P.E. I. tour, Pedal and Sea, run by a Canadian company, which would run with only three riders. The group included a couple from Texas, myself, and Dana, the tour company owner.

Canadians are very proud of Canada, and Pedal and Sea wanted us to view as much as possible. We met in Halifax, Nova Scotia and were transported by van over the Confederation Bridge to North Cape, the western tip of the banana shaped P.E. I. This bridge is an engineering feat and quite picturesque with two adjacent lighthouses.. We would complete our bike tour just south of the eastern tip of the

"banana" and return to Nova Scotia via ferry boat.

I rented one of their bikes and was advised to ride a hybrid even though I am used to a touring bike with drop handle bars. However, this was good advice as time was spent on some dirt roads, primarily in pursuit of lighthouses. P.E. I. has developed what they call the Confederation Trail. It would be comparable to our rails to trails system. This trail covers all of P.E.I., and we did ride on it several times.

Being only three in number and the company owner Dana as our guide had advantages. He had daily plans with maps, but we did occasionally alter routes, particularly to see lighthouses! I photographed over twenty lighthouses on this tour. We averaged about 35 miles a day.

Occasionally there were some challenging hills, which were even more difficult on a hybrid bike loaded down with heavy camera gear. Some "off roads" were challenging even on a hybrid.

This trip wasn't as much about the distances and pace as it was about what P.E.I had to offer....coastal scenes, Acadian(not Cajun in Canada) villages, harbors, red clay cliffs, fishing boats and friendly people. Our lodgings and meals were unique: a seaside cottage, a Victorian home, a Country Inn and a farm home. Meals always included seafood and potatoes: potato farming is one the island's primary businesses. Dana, a gourmet cook, prepared a wonderful picnic for us on the road.

One of P.E. I.'s prime tourist attractions, Cavendish and the home of "Anne of Green Gables," was my least favorite spot. It was the only community that focused on tourism and what tourists like: fast food and shops, which is not what P.E. I. is really about.

If you get an opportunity to visit Prince Edward Island do it. You won't regret it. My next trip with Pedal and Sea may be a lighthouse tour of the south coast of Nova Scotia that combines biking and kayaking.

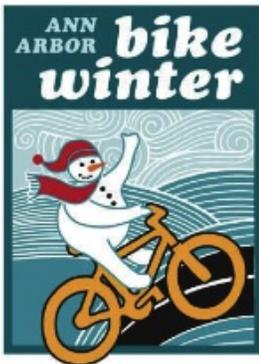


Dana, owner of Pedal and Sea, set out a gourmet lunch for his riders.

getDowntown Bike Winter Campaign

BY ERICA BRIGGS

The getDowntown Program at the Ann Arbor Area Chamber of Commerce is promoting its 2nd annual Ann Arbor Bike Winter campaign this year. Whether you're a fair-weather biker interested in learning how you can become an all-season biker or you're a diehard looking for a few new tricks, Ann Arbor Bike Winter is sure to have something to peak your interest. Check out www.getdowntown.org for a complete listing of events.



Friday, December 8th from 6:00- 8:00pm~ Bike Maintenance Workshop
 Friday, December 8th from 8:15pm to ?~ Social Gathering at the Arbor Brewing Company
 Friday, December 15th from 6-8pm~ Winter Biking Skills Workshop
 Friday, December 15th from 8:15pm to ?~ Social Gathering at the Arbor Brewing Company
 Friday, January 12th from 6:00- 8:00pm~ Bike Maintenance Workshop
 Friday, January 12th from 8:15pm to ?~ Social Gathering at the Arbor Brewing Company
 Friday, January 19th from 6-8pm~ Winter Biking Skills Workshop
 Friday, January 19th from 8:15pm to ?~ Social Gathering at the Arbor Brewing Company
 Worst Day of the Year Ride, Sunday, January 19th Start time 1:30 (details still to be arranged)

BY ANN HUNT & TOM POWELL

Chaney Fund Seeks Donations and Bequests

In the fall of 2003 a new era began with the establishment of a permanent endowment fund to promote the interests of community bicycling. The AABTS-initiated **Lucian W. Chaney Bicycling Safety and Advocacy Fund** was successfully launched, and in less than three years it has grown to over \$30,000.

Many have contributed to this success, and we are deeply grateful to them.

The ongoing success of the Chaney Fund will be greatly

*Find out more about the Ann
 Arbor Area Community
 Foundation at www.aacf.org*

enhanced by charitable bequests and planned gifts. A charitable bequest is a simple way that even people of modest financial means can use to support causes they care about. By putting the **Lucian W. Chaney Bicycling Safety and Advocacy Fund** in your will, insurance, or in a living trust, you can make a tremendous difference. Just think, if everyone left only a small sum, or a small percentage of their estates, to the Chaney Fund, what a direct, positive and lasting impact that would have on bicycling in our area..

Please consider the Chaney Fund in your estate plans, and if you've already done so, please let us know. With your permission, we would like to recognize you and inspire others to join you. The **Lucian W. Chaney Bicycling Safety and Advocacy Fund** is a designated fund of the Ann Arbor Area Community Foundation (AAACF), 301 North Main St., Suite 300, Ann Arbor, MI 48104 (their new address). Your donation is made directly to AAACF, designated for the Chaney Fund, and is tax deductible.

Don't Forget! Spring Potluck

BY DAN HARRISON

The March 2007 Potluck and Annual Meeting of Members is scheduled for Friday March 30th @ the Grotto Club. We will be electing 3 new board members, award ride captain prizes, awarding annual mileage and lifetime patches, mileage trophies.

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<http://www.aabts.org>

For Sale

BIANCHI SAN REMO 55 cm.

Made in Italy Touring Bike with triple Campy Components. Like new, purchased May, 2006 and used only one summer. Includes Bianchi Owner's Manual, all Campy Owner's Manuals, and free uninstalled new fenders. New retail \$1,400, asking \$700 obo. Digital photos available. Bike's in Seattle, though I'm currently in Michigan. Call Jim at (231) 264-0041 or e-mail to jrdatsko@tm.net

TREK T900 TANDEM

Alpha aluminum frame with Cro-Moly fork, 26x1.95 tires, SRAM MRX Shifters with Shimano Deore components. 2004 Model, asking \$500. Panniers \$100 Contact Bud Preston budpreston@comcast.net

SHIMANO PEDALS

Like New! Double-Sided Shimano Clip-on Pedals. Price Negotiable. Contact Mary Hensel (734) 971-0685

Photos



Counter-Clockwise: Ann Hunt, Dorothy Stock, Harriet Parsons, Angelika Lewis, Gloria Beth, Julie Byrnes, Frank Lamitola, Ann Ormand, Tom Hunt, Linda Lutzeier, Vickie Smith at Argiero's in Dexter, - Jan 4, 2006 (No-mile Ride)



New Bicycle Friendly Community Sign above bike racks at City Hall.



Fall Picture of Zou Zou's in Chelsea along the Dexter Breakfast ride route.