



Once again our members Beth and Jack Caldwell traveled abroad as part of the U.S. delegation to participate in the Masters World Cup in cross-country skiing. Beth qualified in the 15 k Skate, the 10 k Skate and the 30 k Skate while Jack did the 15 k Skate and 10 k Classic. Last year Beth went to Russia and this year they both went to Italy. Coincidentally this was at the same time as the International Olympics which luckily they were able to witness. What follows is Beth's views of her trip.

Our trip to Italy began with a short stopover in Paris where we were visited the Arc de Triumph and viewed the Eiffel Tower. from the top of the Arc.

The next morning the Paris shuttle returned us to DeGaulle airport where we met quite a few American cross-country skiers waiting for the flight to Torino. Upon our arrival our bus was waiting to take us to our hotel in Champluc, Ayas Valley two hours away. Those bus drivers are extremely talented. They can maneuver the hairpin, single lane roads snaking up the valley expertly. approaching traffic sometimes had to back up to let the bus pass.

Hotel Castor was a welcome sight. We checked in and prepared for our first Italian dinner. The food was very good with many courses: antipasto, salad bar, pasta or soup, choice of pasta and main meal from the Italian/English menu. Our room was very comfortable with a view of the Alps and the valley Ayas.

The weather the first week was blue sky and sunny with no snow. The second week was colder with occasional dustings of snow.

Our next week was spent trying out skis on the race trails and racing. There were no medals for us this year, but we enjoyed a beautiful hilly trail along a mountain stream.

The Italians had a well-organized event with their man-made snow. Twenty-eight countries participated in the Masters World Cup, which included 132 Americans and twenty from Michigan.

On the last day we met some friends we had met last year from Russia. She gave me some cookies and at the banquet that night, I gave her some candied ginger, Michigan cup pins, and a neck gaiter.

One evening, the town of Brusson (900 people) had a village open house. Like our Greenfield Village, there were demonstrations of making and tasting polenta; cheese making; tasting lard, a specialty of the area; hot chocolate; wood carving to make wooden shoes and thrashing wheat. We were entertained by music and parading villagers carrying torches among the crowds. There were, of course, also vendors selling local arts and crafts.

We had two three hour trips to the International Olympic cross-country ski venue in Pregelato. The first trip was by bus and on the second I drove our rented Alpha Romero down the valley covered with fresh snow at 5:30 a.m. the skiing was beautiful to watch and worth the drive. The skiers made it look so easy, but we were disappointed that the USA skiers were not clearly identifiable. They did not win either.

Our other site seeing included a drive to the three ski lifts that took us to the Mt. Rosa Ridge that connects to the Matter horn. We enjoyed a bowl of soup and watched the downhill skiers battle frigid wind as they gracefully skied down the slopes.

The entire area is dotted with castles and vineyards terraced on the steep hillsides.

We also took the bus and train into Aosta to see the Roman ruins in a cold rain and hiked to the Graines Castle ruin near Brusson.

The Ayas valley was dotted with many small Alpine villages. Lots of buildings obviously were used mainly in the summer and were tightly shuttered. Snow was scarce except the man-made kind on the Alpine ski slopes and the Brusson cross-country venue. This was a disappointment to Jack as he had hoped to ski from village to village and try out local restaurants.

We were sorry to leave the area after three weeks but ready to head back to Paris for a short overnight with a hike to see Notre Dame Cathedral. We hope to visit the area again ... maybe this time on bikes but just in the valleys.





## Ride of Silence

By Mark Erzen

Please join us on May 17th at 7:00PM at Wheeler Park for the Ride of Silence. The Ride of Silence is a national bike event that is taking place in hundreds of cities across the US. On that night, we will ride slow and silent to honor those that have been injured or killed while riding a bicycle and ride on the roads to show others that we do belong on the roads. Riders on the usual Wednesday Night ride may choose to start there and ride into Wheeler, or show up directly at Wheeler Park and sign a ride sheet there.

When we are very young, many Americans are taught to ride a bicycle. We learn how to travel, learn the rules of the road, and learn how to go from one place to another using our bicycle. We earn a certain amount of independence through the bicycle and our ability to travel. We go to school, the park, our friends house, or just out for a cruise on the bike. When we turn 16, it seems that the bicycle is left behind in favor of the car. Yet many of us still use the bicycle to get to work or exercise well past the age we learn to drive. For some reason, people think that this is wrong. Horns honk, people shout, and fingers fly at us as we use our fuel-free, weight-shedding method of getting from here to there. We need to raise awareness that we have a place on the road and that drivers and other vehicles should accept our chosen form of transportation. Please join us on May 17th to help that cause.

Also, other Ride of Silences are taking place in SE Michigan. There are locations at Nankin Mills along Hines Drive, and Downtown Detroit. See [www.rideofsilence.org](http://www.rideofsilence.org) for details.

***Deadline***  
for Next  
Newsletter  
**Thursday**  
**June 15**

## Ecology Center's ECORIDE – June 25, 2006

The Ecology Center's annual bike-a-thon fundraiser will take place on June 25, 2006, starting and finishing from Greenhills School on the Northeast side of Ann Arbor. EcoRide is a family friendly, fun ride with 4 route options - a 2-mile route that's great for all ages; an 8-mile route to the Botanical Gardens; and scenic 30- and 65-mile routes over some of the most beautiful roads north and east of Ann Arbor.

The beautiful ride, great food, live music, and bike-related demos all make the EcoRide a fun event for riders of all ages and levels. But the EcoRide is really about the Ecology Center's work for a safe and healthy environment where people live, work, and play. The Ecology Center is the largest environmental organization in Ann Arbor and southeast Michigan, responsible for Ann Arbor's recycling and Greenbelt programs, school environmental programs, and advocacy on dozens of important environmental issues. The EcoRide is the Ecology Center's largest fundraising event. To make it more exciting, there are fantastic prizes for the riders who raise the most money for the Ecology Center, including a new bike for the top fundraiser.

The 2006 EcoRide will be the Ecology Center's first "climate neutral" bike-a-thon. Clif Bar has purchased carbon credits of renewable wind energy to off-set the carbon dioxide pollution from the event's setup, SAG wagons, and riders driving to the site. This "green" bike event also uses recycled chlorine-free paper, reused materials for signs, and bio-based plasticware for food and drink.

For more information, visit [www.ecocenter.org](http://www.ecocenter.org) or contact Stephanie at [Stephanie@ecocenter.org](mailto:Stephanie@ecocenter.org) or (734) 761-3186 ext. 110



## McCARTHY, Frances (nee Soden) 1931-2006

Passed away peacefully at home in her sleep after fighting against cancer for 9 years on Sunday, February 19, 2006. Frances had four loves - family, cycling, pottery and gardening. Mourned by soulmate Harry and her children including Susan (Guy, Sonja, Lorileigh), Jane (Jim, Mike, John, Jodi, Grace), Lynda (Alex, Juliana), and Peter (Mara, Matija, Rhiannon), and her British family including Fred, Margaret, Gary, Jackie, Elsie, Ken, Jennifer, Andrew, Chris, Felicity, James, Ben and Hannah. Alas, the garden is bare in winter, the potter's hands are stilled, and the winding road will no longer be brightened by her orange "day-glow" cycling jersey. "May the road rise up to meet you, May the wind be always at your back". Tail winds and blue skies forever, Mom. Family and friends are invited to visit and celebrate her life at the MCKERSIE-KOCHER FUNERAL HOME, 114 Main St., Milton, 905-878-4452, from 2-4 p.m. and 7-9 p.m. on Friday. The funeral service will be held in the funeral home chapel on Saturday, February 25, 2006 at 11:00 a.m. Many thanks to all the doctors and nurses who aided Frances during this long journey, particularly all of the wonderful ladies from the Community Care Access Centre. Also, the support and love of neighbours and friends will never be forgotten. If so desired, the family would appreciate donations to the Community Care Access Centre of Halton Region. Letters of condolence may be left for the family at [www.mckersie-kocher.ca](http://www.mckersie-kocher.ca)

Date Posted: 2006-02-21



Hi Folks,

As suspected there was little notice that the benches were going up. I got an email this morning asking to call them. My contact at the GRCF had to attend a meeting and hoped I would be available to show the crew the exact spots as opposed to going from his photos. Luckily I was available but had to rush right out to meet them. I took some photos of the benches going in. They still had to lay some crushed stone when I left.

Thank you to everyone who contributed. I think the benches look great and will be great spots to sit and think.

Jay Fillion  
[icycle@rogers.com](mailto:icycle@rogers.com)

A memorial bench for AABTS member Bernie Wings was recently installed in the Grand River Conservation Area in Ontario. Bernie passed away last September.



# Your club works for you



This bench, in three sections and minus cushions, will surround the tree in front of Zou Zou's coffee shop in Chelsea. A plaque honoring Charlotte Marcotte will be attached. Since this was one of Charlotte's favorite biking destinations and stopping points as it is for many AABTS members, it is appropriate that the bench reside there. Mary Ann, the owner of Zou Zou's, and the city of Chelsea are in support of the idea. A dedication will be held sometime in the months ahead.

## NEW POTLUCK DATES

Friday, October 6

Wednesday, December 6

Since populations are spreading and growing and traffic patterns along with them, it is appropriate that we review and revise some of the bicycle routes from the past. Also road conditions change withtime, weather and traffic; therefore please let Mark Erzen or Frank Lamitola know of any difficulties with bicycle routes or suggested changes that might be made to daily, weekly,or weekend rides.

## WELCOME NEW BOARD MEMBERS

Gwen Evich  
Mark Shields



Feb 14, 2006

The driver that hit Dan Foster and killed Todd Schoenheide on April 10th last year was sentenced at the Washtenaw County Courthouse today. The driver plead no contest to charges of DUI - Causing Death and DUI - Causing Serious injury (not exact legal terms). The judge went with the strictest penalty, given the range of choices for the crime. The driver will serve a minimum of 86 months in jail, with a maximum of 150 months. Some may call this a 150 month or 12.5 year sentence with the opportunity to apply for parole after 7 years.

I thought that Dan Foster's comments were very nice to hear. He paid a nice tribute to Todd, and made some good arguments for the stronger charge of manslaughter. (Speed of the car could not be determined - at least not with admissable methods). In my own opinion, I think no penalty will ever make up for the lives that were changed on April 10th and the loss of Todd, but at least we've removed one more really dangerous driver from our roadways for a very long time.

-Mark Erzen  
President  
Ann Arbor Bicycle Touring Society

Here's what I wrote the judge on the victim's behalf:

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To the Honorable Donald E. Shelton,

As a cycling organization of over 600 riders in Washtenaw, Wayne, and Livingston Counties, we were extremely distraught to hear that cyclists were struck by a drunk driver on April 10th of last year. We were hurt even more to find out that two of our friends, who regularly worked on our bikes and talked cycling with us, were the ones involved. Friends, family, classmates, co-workers, an entire town, and the extended world of bicycling mourned the loss of Todd Schoenheide last April. Time will help ease the pain, but will never completely relieve it.

As cyclists, pedestrians, and drivers, we accept a certain amount of risk when we leave our homes and take to the roads. Accidents can and will happen, and the best we can do is travel responsibly and with the proper safety precautions. We must all do our share to prevent accidents and injuries on our roadways. With that in mind, we cannot accept the circumstances under which Todd was killed. To operate a vehicle while intoxicated shows a careless disregard for the safety of one's self and others out on the roadways. To travel at such an excessive speed and run a stop sign shows a careless disregard for the laws that are designed to protect us. To kill Todd Schoenheide and injure Dan Foster and leave the accident scene shows a careless disregard for human life. These kind of drivers have no business being behind the wheel of car, and belong in prison.

Our prayers go out to the Schoenheide and Foster families, and the entire community of Northville.

-Mark Erzen  
President  
Ann Arbor Bicycle Touring Society

## **AABTS Articles: E-mail or Mail, take 2**

Many of you have received e-mails saying that your e-mail address has been added to some kind of "google" thing. We have been trying to find an efficient way to manage our e-mail list for Ride Calendar and Newsletter notification, and decided to make a switch. As internet providers get tough on spam e-mails, they tend to start filtering out e-mails that are legitimately designed to inform a large group of people. The mailing list on Google.com is a private list that only the moderators can send e-mails to. Therefore, don't expect your e-mail box to be filled up with large discussions from the group. The list will only be used to communicate with club members via e-mail. Right now, membership on this list is determined by whether or not you selected the e-mail notification box on your aabts membership form. If you would like to join the list, you may send an e-mail to [membership@aabts.org](mailto:membership@aabts.org) asking to join the list. Keep in mind that you may select both the US mail and e-mail option when on the membership form.

Dear Horsey Hundred Fans,

You're invited to join fellow AABTS Horsey Hundred riders for dinner on Friday evening, May 26, 6:00 p.m. (tentative), at Mi Mexico in Georgetown, Kentucky.

Please see attached announcement for details. Reservation deadline is Sunday, May 14; please call or e-mail me by that date if you would like to attend. This dinner is always a good time! Hope to see you there!

Vickie Smith  
734-996-9461  
vickie.smith@comcast.net

# AABTS Horsey Hundred 2006

## Friday, May 26

### Group Dinner

**Attention: Reserve by Sunday, May 14 for**

**Friday, May 26 @ 6:00 p.m.**  
**at Mi Mexico Restaurant, Georgetown, KY**

Join AABTS members for dinner at Mi Mexico Restaurant, 440 Connector Road, Georgetown, KY 40324, (502) 868-0060. This restaurant, just minutes away from Georgetown College, has been in business for just over a year; a review can be found at:

<http://spider.georgetowncollege.edu/georgetonian/040605/features2.html>

The time is tentatively scheduled for 6:00 p.m., Friday evening. We will order off their menu, and each person will be responsible for his/her own food order and bill. Reservations required so we can reserve adequate space for our group.

**Make Dinner Reservation by Sun., May 14, with:**

**Name: Vickie Smith**

**Phone: 734-996-9461 (leave message)**

**E-mail: [vickie.smith@comcast.net](mailto:vickie.smith@comcast.net)**

★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★

**Directions to Mi Mexico Restaurant**

440 Connector Rd.  
Georgetown, KY 40324  
(502) 868-0060

Starting from:

Georgetown College

1. Start out going WEST on College Street toward Memorial Drive. <0.1 mi.
2. Turn RIGHT onto Memorial Drive. 0.1 mi.
3. Turn RIGHT onto E. Main Street / US-460; continue to follow US-460. 1.3 mi.
4. Turn LEFT onto Connector Rd. / KY-2906. 0.9 mi.
5. Mi Mexico is at 440 Connector Rd.

(Est, time: 4 min. / Total est. distance: 2.34 mi.)

**Club Hotline:  
(734) 913-9851  
WWW.AABTS.ORG**



The Hotline has information about current rides, corrections to the Ride Calendar, dates of potlucks and the like. If you have questions about rides, the Hotline is a good place to look for answers.

## **ZOO-DE-MACKINAC · UNIQUE OUTDOOR TRAVEL ADVENTURES ·**

Greetings!

This year we are celebrating the 17th Annual ZOO-DE-MACKINAC Bike Bash. We thought that you might like to share the following information about this unique bicycling event with your Ann Arbor Bicycle Touring Society members. The Zoo-de-Mack is the best bike ride and party in Michigan. So please pass this email along to your fellow members, put it on your ride calendar, and round up a group to come out and join us for the fun!

Here are the details:

**WHAT:** The Zoo-de-Mack is a 51-mile bike ride and a weekend of celebrations. It is not a race and it's not about being serious, but about having fun and enjoying Michigan outdoors at its best!

**WHERE:** Boyne Highlands in Harbor Springs to Mackinac Island by way of US-119 Lake Michigan's scenic overlook drive. Based on a reader's poll in AAA Living Magazine, this has been voted Lower Michigan's most scenic ride!

**WHEN:** The weekend of May 19th-21st, 2006. Check-in and the pre-ride bash are on Friday night at the Zoo Bar at Boyne Highlands. The actual ride takes place on Saturday and the festivities continue on Saturday night with a post-ride celebration on Mackinac Island. Participants return home at their leisure on Sunday.

**WHO:** 2,000 adventurous individuals of all ages attend annually.

Some of the highlights of this event include: the huge pre-ride kickoff party with live music by one of the best local bands; spectacular views of Lake Michigan from the bluffs along US-119; a break at the Good Hart General Store; a lunch stop at the scenic Legs Inn (the ride's half-way point); pedaling through the famed Tunnel of Trees; the trillium covered forest and lilacs in full bloom; rolling farmland vistas and Wilderness State Park; spectacular views of the Mighty Mackinac Bridge, a Mackinaw City finish, and an evening of celebrations on historic Mackinac Island.

I encourage you to check out our website, [www.zoo-de-mack.com](http://www.zoo-de-mack.com), for additional information about the event. If you have any further questions, please do not hesitate to contact me at 313-727-4068 or by email at [sarah@zoo-de-mack.com](mailto:sarah@zoo-de-mack.com).

Sarah Gough  
Zoo-de-Mackinac  
313.727.4068

### **Washtenaw Bicycling and Walking Coalition**

Meets on the first Thursday of every month, 7:00 p.m., Ecology Center, 117 North Division (just north of Huron) in Ann Arbor. Visit the WBWC web page at [www.wbwc.org](http://www.wbwc.org) for news and updates about this organization dedicated to increasing the quality and quantity of bicycling and walking opportunities in Washtenaw County through advocacy and education.



## Volunteers Needed For Advocacy "Go" Team

By Bob Krzewinski

Here in Washtenaw County, we are fortunate enough to have a large number of local governments and their staff that are sincerely interested in expanding bicycle facilities such as paved shoulders, bike lanes and non-motorized paths. Many of these projects, however, include a public comment process that can delay or even stop a project, often due to ignorance by vocal parties.

An example of how a bicycle facility plan can be defeated by ignorance was the case of a proposed non-motorized path along Ypsilanti's Huron River Drive a few years ago. At a public hearing about the path, people made comments that such a path would bring crime to the neighborhood (as if someone on a \$1000+ bike will get a sudden urge to break in a house in the area), or that a path would encourage commercial development (bike shops by the hundreds??). One very vocal person even started yelling that a bike path would ruin their peaceful retirement (they live next to a four-lane, 45mph speed limit, road).

In reality, non-motorized facilities almost always increase property values in that the quality of life of the area goes due to a recreation source being nearby. Some developers have even recognized this fact. In Oakland County, a new development next to a non-motorized path is called "Trail Side".

During the course of any year in our area, there are a number of public hearings where individuals are needed to make a supportive statement for bicycling facilities. With this in mind the Washtenaw Bicycling and Walking Coalition (WBWC) has established an advocacy "Go Team" made up of individuals who could attend hearings and give statements. There is also a continuing need for additional Go Team volunteers (you do not have to be a WBWC member).

Those volunteering for the Go Team need not be an expert on bicycle facilities and would be provided with statements and background information for each individual public hearing. If interested in helping

## 2006 MS150 Bike Tour

By Roger Raehl/John Esser

While we usually ride for our own well-being, here is a wonderful opportunity to ride for someone else. The MS150 Bike Tour is a fundraiser by the Michigan Chapter of the Multiple Sclerosis Society. This is probably the best supported ride around with frequent, terrific rest stops and fun events during the overnight stay at Hope College in Holland.

**This year the event is scheduled for June 10-11**, Grand Rapids to Holland and back. 150 miles with an option for a double century (not at all difficult).

More info and online registration are available at [www.nmssmi.org](http://www.nmssmi.org). There is a reduced fee early bird registration till April 15. This includes all meals (lots of great food all day long), entertainment, overnight accommodations, massage at the end of each day and end-of-ride barbecue.

The MS150 will again be on the AABTS Ride Calendar, so you can add 150 (or 200) miles to your club miles. There are several teams which you can join including Team GM which provides a neat, free Team GM jersey. Several bike clubs (including CCCC) participate and have a terrific time, both on the ride and the events before, during and after the ride. This will be Susan Esser's 11th consecutive year and we have both been delighted with all aspects of the ride. Many riders consider the MS150 to be one of the state's best cycling events!

Multiple sclerosis affects many people from Michigan. This is our opportunity to use our sport to help others. The goal this year is to raise \$1 million statewide!

If you think I'm enthused about this ride, you are right! I'm hoping more Club members will join us this year for an exceptional ride for a worthy cause. For more details, or to join Team GM (highly recommended), call **John Esser (810.220.0282)**.



Back



Front

## AABTS Jersey Order Form

Deadline 6/1/2006

### Short Sleeve/Sleeveless (\$38)

Select Style:          Sleeve: \_\_\_\_\_          Sleeveless: \_\_\_\_\_

Select Cut: Women's Race: \_\_\_\_\_ Men's Race: \_\_\_\_\_ Men's Club: \_\_\_\_\_

Select Size: XS: \_\_\_\_\_ SM: \_\_\_\_\_ MED: \_\_\_\_\_ LG: \_\_\_\_\_ XL: \_\_\_\_\_ XXL: \_\_\_\_\_

### Long Sleeve/Windbreaker (\$59)

Select Style:          Long Sleeve: \_\_\_\_\_          Wind Jacket: \_\_\_\_\_

Select Cut (LS): Women's Race: \_\_\_\_\_ Men's Race: \_\_\_\_\_ Men's Club: \_\_\_\_\_

Select Size: XS: \_\_\_\_\_ SM: \_\_\_\_\_ MED: \_\_\_\_\_ LG: \_\_\_\_\_ XL: \_\_\_\_\_ XXL: \_\_\_\_\_

Please ship to me (add \$5): \_\_\_\_\_          Total Order: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mail to: Frank Lamitola  
2725 Sequoia Parkway  
Ann Arbor, MI 48103



## The Wolverine 200

Hello, Fellow Cyclists:

The Wolverine Sports Club's premier cycling event, the Wolverine 200 Belle Isle Bicycle Marathon is coming up this Memorial Day Weekend. I'd like to ask for your help in making information about our ride available to the cycling community, through your web site, or publications where you might list rides like ours. If you could publish a link on your web site to our event flyer at <http://www.lmb.org/wsc/newsletters/2006Wolverine200R1.pdf> or mention the Wolverine 200 in your newsletter or ride calendar, we would appreciate it.

Conversely, we would be more than happy to do the same for cycling events that your club is promoting this season.

For those of your membership who have participated in our event in the past, there are some significant changes, all of which we think will make the event bigger and better than ever. For example:

**A New Date - Memorial Day Weekend.** Beginning Friday, May 26th participants may begin setting up camp and pre-riding the traffic-free course on Belle Isle. Typically the Marathon has been a couple of weeks earlier, but with this new date, we're hoping for warmer and dryer weather.

**A New Course - That's right!** Gone is that section through the woods with its broken pavement and potholes. The new course is almost all brand new new new new new new pavement, and stretches the entire length of the Island from the Scott Fountain, along the Strand, past the Coast Guard Station and back again. Nearly 5 miles in length, this new route is longer, smoother, and much more scenic than in the last number of years. You and your bike are going to LOVE this new course!!!

**A New Format - Let's get in shape everyone,** because this year, it's a 12-hour event rather than the previous 24-hour Marathon. Beginning an hour earlier, at 9am Saturday, riders will have 12 hours to pile on as many hours as possible. Lights will not be necessary, as this new format will allow us to concentrate our efforts to make this one of the best Wolverine 200 Marathons in recent memory.

On top of all this, we've heard that many of you have enough event T-Shirts to open your own resale store. Well, we hear you. So this year you can wear one of those stylish shirts you got last year, or the year before that, with your new Wolverine 200 Baseball Cap. These caps will look awesome with any event T-Shirt, even if you got it from some running event!

Applications are now available on line at [www.wolverinesportsclub.com](http://www.wolverinesportsclub.com)  
Questions can be directed to [Wolverine200@wolverinesportsclub.com](mailto:Wolverine200@wolverinesportsclub.com)

Thanks so much for your consideration. We hope you, and your members have a safe, and successful cycling season!

Ride on,

Duane Menter  
Event Director



# DEARBORN HEIGHTS LIONS CLUB

## 2<sup>nd</sup> Annual Charity Bicycle Ride For Sight

Distance:

Riders choice:

Metric Century (62 miles)

Half Metric Century (32 miles)

Your choice

Date: Sunday, August 27, 2006

Time: Check In 8:00 A.M. to 9:00 A.M.

Ride begins officially at 9:00 A.M.

Place: Hines Drive - Warrendale Picnic Area - East end of Hines Drive

Cost: \$20.00 per rider, includes T-Shirt and Picnic

Picnic: All riders are invited to the Dearborn Heights Lions Club

Annual Picnic to begin at 12:30 P.M. Free Hot Dogs, Pop, etc.

Registrations:

Must be received by August 1<sup>st</sup> to receive complimentary T-Shirt.

We do not have internet registrations.

We use snail mail or day of ride registrations.

Committee: Terence F. Treppa - Chair, Jerri Allen - President, Bernie Arko, Dick Fetzer, Jerry Hinton, John Pavlak, Kristi Pavlak, Bill VanWinkle, Lou Woiwode

DHLC/CBRFS

35637 Cherry Hill Rd.

Westland, MI

48186-7434

SAG and along the route refreshments provided.

### Recumbent Rallies Return

See what all those recumbent bicycle riders are smiling about by taking some test rides at one of the Michigan recumbent rallies this year. On May 13th the Michigan Recumbent Rally East will be held in the southwest Detroit area, followed by the Michigan Recumbent Rally Central near Lansing on June 24th. In September there will be the Michigan Recumbent Rally West at Kalamazoo on the 9th.

For those not familiar with the recumbents, with their chair-like seat, riders find that seat, wrist, neck and back pain are virtually non-existent. In addition, performance based recumbents hold almost all bicycle speed records, due to the rider sitting in a more aerodynamic position.

The Recumbent Rallies are free, one-day, no registration events that include recumbent dealers, displays, test-rides and used bicycles for sale. "Buying your first recumbent" talks are given, as well as group rides. For more information, visit the Wolver-Bents Recumbent Cyclists website at [www.wolverbents.org](http://www.wolverbents.org), e-mail [wolverbob@cs.com](mailto:wolverbob@cs.com), or call 734/487-9058.



## I-275 Clean up Day!

When: **Thursday, May 25th, time: 8 AM**

I know this will preclude a lot of you joining in that day 'cause it's during the week but, it has to be a week day for Home Depot (HD) to be able to provide their volunteer workers.

Where: **Meet either at Cherry Hill rest stop on I-275 or the IKEA parking lot on Mich. Ave.** I'll know more after doing a recon walk with HD & after contacting IKEA.

**What to bring:** Long sleeve pants and shirts & work gloves! I got such a bad case of poison ivy last year I had to have shots! If any of you are botanists out there and can promise me that the plant won't yet be growing at this time of year, please let me know and I'll rescind this req't, especially if we'll have to wear the long sleeved/legged clothing. Remember water and something to eat! Remember to bring your food in a cooler if it's something that has to remain cool. HD employees will be bringing the power tools they have from their rental business and I have a bunch of hand tools they bought us in '04. Large foldable ladders, metal leaf rakes and more long bladed bush trimmers/loppers would also be appreciated. The list of tools I will be bringing are as follows. If any of you want to bring your own similar tools in add'n to these, like some I haven't thought of, please do.

### Qty Description

- 2 Hand pruning shears (both different from each other)
- 2 Tree saws (one folding, one on bow like handle)
- 3 Sickles
- 1 Metal rake (flat tines)
- 1 Long handled tree limb lopper (short blade)
- 1 Long handled shrub shear (long blade)
- 1 Broom (with red ends)
- 1 Straight blade edger/spade

-Dave Duffield/LMB

[dduffield@lmb.org](mailto:dduffield@lmb.org)

## BICYCLE EVENTS CALENDAR

May 13th, 2006 (Saturday)

Michigan Recumbent Rally - East

Willow Metropark pool shelter, southwest Detroit area, 9am-3pm, 734.487.9058, [www.wolverbents.org](http://www.wolverbents.org), [wolverbob@cs.com](mailto:wolverbob@cs.com)

June 10-11, 2006 (Saturday and Sunday)

Michigan Human Powered Vehicle Rally

Waterford, northern Detroit area, 313.884-0109, [www.lmb.org/mhpva](http://www.lmb.org/mhpva), [WKiehler@Comcast.Net](mailto:WKiehler@Comcast.Net)

June 24, 2006 (Saturday)

Michigan Recumbent Rally Central

Holt, Michigan (Lansing area), 10am-3pm, 517.694.6702, [www.wolverbents.org](http://www.wolverbents.org), [wolverbob@cs.com](mailto:wolverbob@cs.com)

For those interested in a more competitive event, the Michigan Human Powered Vehicle Association (MHPVA) will be holding it's annual Rally on June 10th and 11th at Waterford, Michigan (northern Detroit suburbs). For more information on the MHPVA event, visit [www.mhpva.org](http://www.mhpva.org) or contact Wally Kiehler at 313.884-0109 or [WKiehler@Comcast.Net](mailto:WKiehler@Comcast.Net)

Here is a list of the winners of the ride leaders prize drawings from the Spring potluck. Clete Bjornstad has sent the prizes to all of the winners.  
If you have not received your prize, please contact Clete at 665-4968

Grand Prize Sophia Bryson  
\$50 Restaurant Joe Datsko  
\$50 Restaurant Jennifer Bryson  
\$40 Restaurant Beth Caldwell  
\$30 Aberdeen Sharon Sleeker  
\$30 Aberdeen Judy Schmidt  
\$30 Restaurant Bud Preston  
\$30 Restaurant Lucy White  
\$30 Two Wheel Tango Don Evich  
\$30 Two Wheel Tango Dan Harrison  
\$30 Wheels in Motion Phyllis Czapla  
\$30 Wheels in Motion Gene Buatti  
\$30 Great Lakes Alice Rawson  
\$30 Great Lakes Manfred Schmidt  
\$30 Ann Arbor Cycle Don Broadway  
\$30 Ann Arbor Cycle Brian Weekley  
\$20 Restaurant Karol Butcher  
\$10 Borders Mick Osman  
\$10 Panera Jeanette Heschels  
\$10 Borders Elmer Bley  
\$10 Panera James Partridge  
\$10 Borders Dave Farmer  
\$10 Panera Joyce Segedi

## CURB YOUR CAR MONTH CALENDAR OF BICYCLE RELATED EVENTS

### Monday, May 1

- *getDowntown Commuter Challenge Begins.* Sign-up your business for the Commuter Challenge. The purpose of the Commuter Challenge is to raise awareness about the benefits of using sustainable transportation, decrease the number of Ann Arbor commuters driving alone to work and recognize the great number of commuters who have already committed to using sustainable transportation. Prizes and awards for winning businesses! Challenge runs May 1<sup>st</sup>- 31<sup>st</sup>. Sign-up your business at [www.getdowntown.org](http://www.getdowntown.org)
- *Curb Your Car Month Kick-off.* Stop by and learn more about Curb Your Car Month and the 20 + events occurring throughout the month of May. The first 25 people to stop by will receive a free Curb Your Car Month t-shirt. The getDowntown program, AATA, MichiVan and the Washtenaw Biking & Walking Coalition will host displays and be available to answer questions. Free coffee and bagels will be provided as supplies last. Location: In front of the Main Post Office on Liberty between Fourth and Fifth Avenues. Find out more about Curb Your Car Month at [www.getdowntown.org](http://www.getdowntown.org) Time: 7-10am.
- [www.getdowntown.org](http://www.getdowntown.org). Location: Blake Transit Center lobby, 331 S. Fourth Avenue. Time: 7:30 - 9:30 a.m.
- *AAPD Bike Maintenance Workshop.* In the first in a series of three classes instructed by Officer Kathy Vonk, League of American Cyclists certified instructor, learn the basics of keeping your bike in good repair. This is a great time to get your bike out of storage and up and running before Get Out and Bike Week. Bring your bike, tools will be provided. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org). Location: Meet in front of City Hall (5<sup>th</sup> & Huron), 100 N. Fifth Avenue. Time: 6:30-8:30pm.

### Saturday, May 13

- *Bike Maintenance Workshop.* You enjoy riding your bike, but do you know how to maintain it properly? Maintaining your bike will not only help it have a longer life, but also make your ride safer and easier. This is an introductory bike maintenance class. Bring your bike, we'll supply the tools. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org). Location: Great Lakes Cycling and Fitness, 2107 W. Stadium (668-6484) Time: 2-4pm.

### GET OUT AND BIKE WEEK (MAY 14 – MAY 21)

#### Monday, May 15

- *Dexter Ice Cream Ride.* Celebrate the beginning of Get Out and Bike Week with a fun group ride along Huron River Drive to the Dexter Dairy Queen for ice cream, then back to Ann Arbor. Distance 20 miles. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org). Location: Meet at Wheeler Park (located between 4th and 5th and Depot). Time: Meet at 5:15, depart at 5:30.

### Wednesday, May 17

- *Ride of Silence.* On May 17 at 7:00 PM, the Ride of Silence will begin in North America and roll across the globe. Cyclists will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways. The Ride of Silence is a free ride that asks its cyclists to ride no faster than 12 mph and remain silent during the ride. The ride aims to raise the awareness of motorists, police and city officials that cyclists have a legal right to the public roadways. Start location: In Ann Arbor, cyclists will meet at Wheeler Park at 6:45 & will begin at 7pm. For more information, visit [www.rideofsilence.org](http://www.rideofsilence.org)

### Friday, May 19

- *Bike to Work Day Ride and Rally.* 7:30-8:30 a.m. Ride with Mayor John Hieftje from Northside Elementary School, or connect with commuter convoys starting at Michigan Stadium or the Zion Lutheran Church on West Liberty heading for Ann Arbor City Hall. Rides depart each location at 7:45 a.m., with festivities beginning at City Hall (5<sup>th</sup> & Huron) at 8 a.m. Complimentary coffee and bagels will be served. A prize drawing will be held for a Timbuk2 bike messenger bag. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org)

### Saturday, May 20<sup>th</sup>

*Ann Arbor Mountain Bike Ride.* Enjoy a guided tour of Ann Arbor's mountain biking trails. This 10-15 mile ride will showcase official and nonofficial trails on the north side of Ann Arbor. Riders of all ability levels welcome. This Curb Your Car Month event is sponsored by the Michigan Mountain Biking Association, for more information about other CYCM events visit [www.getdowntown.org](http://www.getdowntown.org). Location: Meet at the Bandemer Park parking lot located just inside the entrance to the park at the intersection of Barton Drive and Whitmore Lake Road, right off the M-14 expressway at the Barton/Whitmore Lake exit. Time: Meet at 9:45, leave at 10am sharp.

- *Ann Arbor-Ypsilanti Bike Ride.* Join us for a fun, relaxing Ann Arbor to Ypsilanti (or vice-versa) bike ride. Explore a portion of the Washtenaw County Border to Border trail, make new friends, and foster connections between Ann Arbor and Ypsilanti. The Ann Arbor group will ride to Ypsilanti, enjoy lunch at Depot town, & join up with bike riders leaving from Riverside Park in Ypsilanti at 2pm. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org). Location: Ann Arbor riders will depart from Bandemer Park. Meet at the parking lot located just inside the entrance to the park at the intersection of Barton Drive and Whitmore Lake Road, right off the M-14 expressway at the Barton/Whitmore Lake exit. Start time: 11:30am sharp, meet at 11:15.

### Tuesday, May 23<sup>rd</sup>

- *AAPD Bike Commuting Skills Workshop (Beginner Level)* In this class instructed by Officer Kathy Vonk, a League of American Cyclists certified instructor, bikers learn pre-flight inspection, proper landing techniques to avoid injury, toe clip drill, look back, rock dodge, instant turn, emergency and wet

braking, directional changes curbs, parking blocks, and group riding protocol. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org). Location: Meet in front of City Hall (5<sup>th</sup> and Huron), 100 N. Fifth Avenue. Time: 6:30-8:30pm.

**Wednesday, May 24<sup>th</sup>**

- *AAPD Bike Commuting Skills Workshop (Intermediate Level)* In this class instructed by Officer Kathy Vonk, a League of American Cyclists certified instructor, bikers learn more advanced cycling techniques such as riding up and down a set of 3-4 stairs, riding down 8 or more stairs, low speed maneuvers (cone course), bicycle limbo, mounts and dismounts. This event is part of series of Curb Your Car Month events, for more information visit [www.getdowntown.org](http://www.getdowntown.org) Location: Meet in front of City Hall (5<sup>th</sup> and Huron), 100 N. Fifth Avenue. Time: 6:30-8:30pm.

**Tuesday, May 30<sup>th</sup>**

- *Curb Your Car Month Grand Finale!* Join us in bringing Curb Your Car Month to a close with a good movie, lively discussion, and great beer. We'll be watching End of Suburbia, a thought provoking film that explores the American way of life and its prospects as global demand for fossil fuels begins to outstrip supply. Dave Konkle, Energy Coordinator for the City of Ann Arbor, will lead the discussion after the movie and bring this global debate back to the local level. A social hour will follow. Appetizers will be provided. BYO money for beer. Location: Arbor Brewing Company, Tap Room, 114 E. Washington. Time: 7-10pm.

For more information about Curb Your Car Month events, contact Erica Briggs at 734.214.0100 or visit [www.getdowntown.org](http://www.getdowntown.org)

**Snowbirds ride on....**



Once again some lucky AABTS members gathered in Florida to bike the Pinellas Trail and other routes.

Members pictured at the St. Petersburg Pier are Bob Rawson, Lynda Collins, Mick Osman, Connie Cavanaugh, Vickie Smith, Buster Buster, Frank Lamitola, and Alice Rawson. Jan Moore also was part of the group.

They were joined on occasion by Bud Preston, and Eileen McFarland.. The current trail of 50 miles will be expanded in the next two years to 100 miles. It will also include bridges over major highways and journeys through towns along the route from St. Petersburg to Tarpan Springs.

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